

PRE-GAME CHECKLIST

- a. FIELD and NETS (ANCHORED?)
 - b. JERSEY COLORS (Teams/Keeper)
 - c. Player Inst. MOVE away on FREE KICKS, CAPT's TALK
 - d. Coach: How many Subs?
 - e. Home Team Provides: GAME BALL
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U16/U19: 40/45 Minute Half's, Free Substitutions

1. Standard DIAGONAL
2. Designate SENIOR AR: Both AR's BACK-UP ON TIME
3. AR's RESPONSIBLE halfway line to goal line
4. AR's maintain 2nd TO LAST DEFENDER position
5. OFFSIDE: Watch for participation
 - a. Keep flag up until reverse of play whistle, ball goes out of play or I wave you down
6. WAVE OFF SIGNAL
7. THROW-INS: AR's have the feet, I have hands AR side of the field, signal direction my side, no signal unless I look at you or quick in/out
8. FREE KICKS: 2ND last defender unless I wave off
9. CORNER KICKS: Standard position behind kicker / flag
10. SUBSTITUTIONS: AR RESPONSIBLE unless wave off
 - a. Subs enter at halfway line.
 - b. Wait for player(s) to come off before allowing Subs to come on
11. GOAL/SCORE: sprint up the field
12. GOAL SCORED AND BALL RETURNS TO PLAY,
 - a. Stand at ATTENTION with FLAG STRAIGHT UP
 - b. When I BLOW the WHISTLE, RUN UP THE FIELD
13. AR's MIRROR each other as necessary
14. NO GOAL SIGNAL: stand at attention
15. RECORDING GOAL: Let me WRITE FIRST. AR after
16. GOAL KICKS:
 - a. Watch placement
 - b. Then 18 yd line
17. FOULS: Call them if you see them in your area
 - a. INDIRECT signal – hand over chest
18. PK FOULS: Give me FIRST CHANCE at fouls in front of me.
 - a. If you see a P.K FOUL call it. Give STD FOUL SIGNAL, then FLAG BETWEEN LEGS.
 - b. Once I LOOK at you move to CORNER Flag
19. AR PK KICK POSITION: Junction of Goal & 18 yd
20. IF P.K. IS SCORED:
 - a. Okay - Move to normal position for Kick Off INFRINGEMENT BY KEEPER, step on to the field
 - b. NO acknowledgement? ASK FOR MY ATTENTION
21. MISCONDUCT: Back me up on recording caution AR calls the foul - STD foul signal with direction Give me a CAUTION SIGNAL – TAP YOUR BADGE
22. MISCONDUCT OUT OF MY VIEW W/STOPPAGE IN PLAY Strong flag. MIRROR IF NECESSARY. Get my attention. Tell me what happened. DO NOT ASSUME I SAW THE MISCONDUCT
23. FIGHT Record jersey numbers first Prevent sidelines from participating
24. ANY ISSUES WITH THE SIDELINES, get my attention at the next stoppage in play
25. ENTER and EXIT field as a team. ...Check goals
26. Have I missed anything?

Lets have fun out there!